

Hi my name is Natalie Palacio, and I am one of the coaches of SOS. I am a senior at West High School and will be graduating in June! I also work at the Torrance Plunge as a lifeguard. I am on the WHS water polo and swim teams.

I joined SOS at the age of eight and was on the team for 4 years. My third year of competing I went to Regionals all the way to Las Vegas! It was a lot of fun.

I have been in 5 Aquacade Swim Shows and enjoyed each and every one of them. I am a returning coach for the Sync or Swim team. I coach the novice beginners group of SOS with Coach Kristie. This season should be great!

